

**COLLABORATE**  
PROS

**GOAL SETTING**

**WORKBOOK**

# AREAS OF LIFE

How do I feel about each of these areas, where would I like to see improvement? Am I intentionally growing in each area?

## RELATIONSHIPS

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## PHYSICAL HEALTH

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## FINANCES

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## SPIRITUAL

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## PERSONAL GROWTH

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## BUSINESS

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# **MISSION/VISION STATEMENT & CORE VALUES**

**HOW DO YOU WANT PEOPLE TO REMEMBER YOU, YOUR LEGACY?**

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**IF YOU DIDN'T NEED TO MAKE MONEY, WHAT WOULD YOU  
BE DOING?**

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**IF YOU NEW YOU COULDN'T FAIL, WHAT WOULD YOU DO?**

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**WHAT ARE 5 THINGS YOU REALLY WANT TO ACCOMPLISH BEFORE  
YOU DIE?**

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**WHAT IS YOUR MISSION STATEMENT?**

**WHAT IS YOUR VISION STATEMENT?**

**WHAT ARE YOUR CORE VALUES?**

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# GOALS

I still struggle with writing out my goals past one year, because I struggle to see and believe in the picture. Challenge yourself to write down what you really want, and picture yourself there.

## TEN YEAR GOALS

## HOW IT FEELS WHEN YOU GET THERE

## FIVE YEAR GOALS

## HOW IT FEELS WHEN YOU GET THERE

## THREE YEAR GOALS

## HOW IT FEELS WHEN YOU GET THERE

# GOALS

**I still struggle with writing out my goals past one year, because I struggle to see and believe in the picture. Challenge yourself to write down what you really want, and picture yourself there.**

## ONE YEAR GOALS

## HOW IT FEELS WHEN YOU GET THERE



# WHAT MEMORIES WILL YOU CREATE EACH MONTH?

**JANUARY**

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**FEBRUARY**

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**MARCH**

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**APRIL**

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**MAY**

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**JUNE**

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**JULY**

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**AUGUST**

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**SEPTEMBER**

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**OCTOBER**

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**NOVEMBER**

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**DECEMBER**

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# YEARLY GOALS 2023

## MY QUOTE OF THE YEAR

## WORD OF THE YEAR

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### ● GOAL N.1

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### ● GOAL N.2

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### ● GOAL N.3

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### ● GOAL N.4

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# HOW AM I GOING TO PUT MY GOALS INTO ACTION

**GOAL ONE**

**STEPS TO PUT THE GOAL INTO ACTION**

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**GOAL TWO**

**STEPS TO PUT THE GOAL INTO ACTION**

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# HOW AM I GOING TO PUT MY GOALS INTO ACTION

**GOAL THREE**

**STEPS TO PUT THE GOAL INTO ACTION**

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**GOAL FOUR**

**STEPS TO PUT THE GOAL INTO ACTION**

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# HOW AM I GOING TO PUT MY GOALS INTO ACTION

## GOAL FIVE

### STEPS TO PUT THE GOAL INTO ACTION

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## GOAL SIX

### STEPS TO PUT THE GOAL INTO ACTION

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# HOW AM I GOING TO PUT MY GOALS INTO ACTION

## GOAL SEVEN

### STEPS TO PUT THE GOAL INTO ACTION

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## GOAL EIGHT

### STEPS TO PUT THE GOAL INTO ACTION

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# HOW AM I GOING TO PUT MY GOALS INTO ACTION

## GOAL NINE

### STEPS TO PUT THE GOAL INTO ACTION

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## GOAL TEN

### STEPS TO PUT THE GOAL INTO ACTION

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# HOW AM I GOING TO PUT MY GOALS INTO ACTION

## **GOAL ELEVEN**

### **STEPS TO PUT THE GOAL INTO ACTION**

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## **GOAL TWELVE**

### **STEPS TO PUT THE GOAL INTO ACTION**

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# HOW AM I GOING TO PUT MY GOALS INTO ACTION

## **GOAL THIRTEEN**

### **STEPS TO PUT THE GOAL INTO ACTION**

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## **GOAL FOURTEEN**

### **STEPS TO PUT THE GOAL INTO ACTION**

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# HOW AM I GOING TO PUT MY GOALS INTO ACTION

## GOAL FIFTEEN

### STEPS TO PUT THE GOAL INTO ACTION

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## GOAL SIXTEEN

### STEPS TO PUT THE GOAL INTO ACTION

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# HOW AM I GOING TO PUT MY GOALS INTO ACTION

**GOAL SEVENTEEN**

**STEPS TO PUT THE GOAL INTO ACTION**

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**GOAL EIGHTEEN**

**STEPS TO PUT THE GOAL INTO ACTION**

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# HOW AM I GOING TO PUT MY GOALS INTO ACTION

## GOAL NINETEEN

### STEPS TO PUT THE GOAL INTO ACTION

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## GOAL TWENTY

### STEPS TO PUT THE GOAL INTO ACTION

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